



# Canadian College Sport Connections

Official Newsletter of the Canadian Colleges Athletic Association

Issue #27

March 2008

## In this issue:

### CCAA Nationals

- > Three-peat for BC at Badminton Nationals
- > Humber ready to Host
- > Mount Royal welcomes best
- > Champlain is set
- > NSAC brings together best
- > Female Apprentices @ Nationals

### Sports News

- > University/College Badminton
- > University/College Squash
- > A Gracious Champion

### Scoreboard and Rankings

- > Official Championship Websites

### Marketing

- > SIRC - CCAA Academic All-Canadian Awards
- > MIP submissions

### Other News

- > CCAA Key Dates and Deadlines

## CCAA NATIONALS

### It's a "Three-peat" for BC at the CCAA Badminton Nationals



The British Columbia Colleges' Athletic Association (BCCAA) won three of the five disciplines to capture their third Canadian Colleges Athletic Association (CCAA) Championship title at the **2008 CCAA National Badminton Championships**.

The BCCAA squad won gold medals in the Men's Doubles, Women's Doubles and Mixed Doubles events while the Alberta Colleges Athletic Conference (ACAC) secured the gold medal in the Men's Singles and Women's Singles events.

The Team Supremacy Award went to the British Columbia team that was completely comprised of players from the Douglas College badminton team. The Eileen Harle Fairplay Plaque, awarded to a player who best observes the principles of fair play, shows respect, and demonstrates positive attitudes towards other players and officials, was jointly awarded to Scott Yorke, from Mount Allison University and Karen Ng from Georgian College.

2008 CCAA Men's Badminton Player of the Year honours went to Humber College's Raymond Wong and the 2008 CCAA Women's Player of the Year award went to Melody Liang from Douglas College. Brad Pape from Thompson Rivers University was named 2008 CCAA Badminton Coach of the Year.

For full profiles and pictures of **2008 CCAA Badminton Players and Coach of the Year** award winners, visit the official CCAA website at [www.ccaa.ca](http://www.ccaa.ca).

### FINAL RESULTS

Men's Singles/Simple masculin

Gold/Or: Dan Kai, NAIT (AB)

Silver/Argent: Kiran Bogavelli, Capilano College (BC)

Bronze: Richard Liang, Douglas College (BC)

Women's Singles/ Simple féminin

Gold/Or: Sun Yang, NAIT (ACAC)

Silver/Argent: Jessy Sung, Douglas College (BC)

Bronze: Megan Yim, Malaspina University College (BC)

Men's Doubles/Double masculin

Gold/Or: Chris Lee & Andy Cheung, Douglas College (BC)

Silver/Argent: Jon Vandervet & Michael Choeng, Concordia University College (AB)

Bronze: Garrett Babichuk & Andy Chu, Thompson Rivers University (BC)

Women's Doubles/Double féminin

Gold/Or: Stephanie Ko & Melody Liang, Douglas College (BC)

Silver/Argent: Grace Box & Reshma Bhambani, Concordia University College (AB)

Bronze: Jody Carruthers & Heather Schultz, Cambrian College (ON)

Mixed Doubles/Double mixte

Gold/Or: Alvin Lau & Charmagne Yeung, Douglas College, (BC)

Silver/Argent: Darren Hong & Laura Fong, Mount Royal College (AB)

Bronze: Sarah Fuller & Nathaniel Allard, Fanshawe College (ON)

Special thanks to Mount Allison University for hosting this event. For full results, please check the official website of the 2008 CCAA National Badminton Championships - [www.mta.ca/ccaabadminton/scores.html](http://www.mta.ca/ccaabadminton/scores.html).

## Humber ready to host 2008 CCAA Men's Nationals

From March 7-9, 2008, Humber College will play host to what promises to be an exciting competition. Canada's top eight male collegiate volleyball teams will travel to Etobicoke (ON) for the 2008 Canadian Colleges Athletic Association (CCAA) Men's National Volleyball Championship.



The door is wide open and the CCAA is ready to crown a new Men's Volleyball Champion for the first time since 1999! Eight teams are in the hunt for the national title and leading the way will be number one seed Mount Royal College. Number two seed, University of British Columbia Okanagan will be a tough contender going into this year's event, as will conference rivals, and number three seed, Malaspina Mariners. Number four seeded, Cégep de Limoilou and fifth seeded, Mohawk College will be looking to improve on their last year's fifth and seven place finishes. Rounding out the competition and looking to make some waves and are the sixth, seventh and eighth seeds, Briercrest College, University of King's College and host institution, Humber College.

"The countdown has begun towards the opening of the 2008 CCAA Men's National Volleyball Championships, of which Humber is very proud to host," states Doug Fox, Tournament Chair, Humber Athletic Director and C.C.A.A. President. "The organizing committee, volunteers and the entire Humber community are excited to welcome the top eight men's volleyball teams in the country to Toronto. Here at Humber, we have continuously raised the bar with our facilities, services and hospitality, and this event will certainly exceed anything we have ever done. Participants, V.I.P's and all volleyball enthusiasts are sure to make memories that will last them a lifetime."

The **2008 CCAA Men's National Volleyball Championship** features the top eight men's volleyball teams in Canada:

1. Mount Royal Cougars – Calgary, Alta.
2. University of British Columbia Okanagan Lakers, Kelowna, B.C.
3. Malaspina University College Mariners – Nanaimo, B.C.
4. Cégep Limoilou Titans – Québec, Que
5. Mohawk College Mountaineers – Hamilton, ON.
6. Briercrest College Clippers – Caronport, Sask.
7. University of King's College Blue Devils – Halifax, N.S.
8. Humber College Hawks – Etobicoke, ON

The 4-day event kicks off on Thursday March 6th with the CCAA All Canadian Awards Banquet beginning at 7:00 p.m. The competition opens on Friday, March 7th and runs through Sunday, March 9th in the Humber College Athletic Centre. The schedule is as follows:

### Friday, March 7th

1:00 PM --- (2) Okanagan VS (7) King's  
3:00 PM --- (3) Malaspina VS (6) Briercrest  
6:00 PM --- (4) Limoilou VS (5) Mohawk  
8:00 PM --- (1) Mount Royal VS (8) Humber

### Saturday, March 8th

1:00 PM --- Match 5  
3:00 PM --- Match 6  
6:00 PM --- Match 7  
8:00 PM --- Match 8

### Sunday, March 9th

10:00 AM --- Match 9  
12:00 PM --- Match 10  
2:30 PM --- Match 11  
5:00 PM --- Bronze Medal  
7:30 PM --- Gold Medal

The Closing Ceremony and Awards Presentation will take place immediately following the final match.

Humber College is pleased to bring you the latest news, results and developments within the **2008 CCAA Men's National Volleyball Championship** on their official website [www.humberathletics.ca/mvbnationals](http://www.humberathletics.ca/mvbnationals) Make sure to visit the website and add the link to your Favourites page!

The CCAA and the Host Organizing Committee would like to thank our national sponsors for their support and efforts in making this Championship possible, including Baden Sports – Official Volleyball (15-0C) Supplier of the CCAA, Carlson Wagonlit Travel, WestJet and Sport Canada. Thanks also to Johnson Inc. title sponsor of this event and Mizuno, the Humber Student Federation, SDR Seating, Chartwells, Coca Cola

## Mount Royal College welcomes the best in Women's Volleyball



The country's best female collegiate volleyball players will travel to Calgary, Alberta for the **2008 CCAA Women's National Volleyball Championship** hosted by Mount Royal College from March 6-8th.

"Mount Royal College and Cougar Athletics are delighted the CCAA/ACSC Women's National Volleyball Championships are being hosted by our school, showcasing some of Canada's top women's college volleyball players," says Karla Karch, Tournament Chair and Manager of Mount Royal College Athletic department. "Success is not merely measured by the wins and losses on the court but by the lessons you take away from the experiences. Our hope is that each of the participants, from the student-athletes, coaches, officials to the spectators, will reap the rewards of the experience, meet new people, reacquaint themselves with old friendships and walk away from these Championships with wonderful life long memories". We wish all those involved the best of luck for these Championships."

Vying for the championship title are BC's, Malaspina University Mariners, who are coming into the championship ranked number one, Following closely behind are the number two seeded Collège François-Xavier-Garneau Elans and the number three seeded Mount Royal Cougars, who are both thirsty for a gold medal. The Humber College Hawks sit seeded in fourth position, while University of British Columbia Okanagan Lakers are fifth. Looking to shake up the top teams are the sixth seeded Collège Bois-de-Boulogne Cavalières, seventh, Red Deer College Queens and eighth seeded, St. Thomas University Tommies.

The **2008 CCAA Women's National Volleyball Championship** features the top eight women's volleyball teams in Canada:

1. Malaspina University-College Mariners – Nanaimo, B.C.
2. Collège François-Xavier-Garneau Elans – Quebec City, Que.
3. Mount Royal College (MRC) Cougars – Calgary, Alta
4. Humber College Hawks – Etobicoke, Ont.
5. University of British Columbia Okanagan Lakers – Kelowna, B.C.
6. Collège Bois-de-Boulogne Cavalières – Montréal, Que.
7. Red Deer College Queens – Red Deer, Alta.
8. St. Thomas University Tommies – Fredericton, N.B.

The CCAA All Canadian Awards Banquet will precede the competition, beginning at 6:00 p.m. on Wednesday, March 5th. The competition will begin on the following day, March 6th, and will run through Saturday, March 8th at Mount Royal College's facilities. The schedule is as follows:

### **Thursday, March 6th**

12:00 PM --- Malaspina vs St. Thomas  
2:00 PM --- Humber vs UBC - Okanagan  
5:00 PM --- FX Garneau vs Red Deer  
7:00 PM --- Mount Royal vs Bois de Boulogne

### **Friday, March 7th**

12:00 PM --- Match 5  
2:00 PM --- Match 6  
5:00 PM --- Match 7  
7:00 PM --- Match 8

### **Saturday, March 8th**

10:00 AM --- Match 9

12:00 PM --- Match 10  
2:00 PM --- Match 11  
5:00 PM --- Bronze Medal  
7:00 PM --- Gold Medal

The Closing Ceremony and Awards Presentation will take place immediately following the final match.

Mount Royal College is pleased to bring you the latest news, results and developments within the 2008 CCAA Women's National Volleyball Championship on their official website [cougars.mtroyal.ca/vbnationals](http://cougars.mtroyal.ca/vbnationals)  
Make sure to visit the website and add the link to your Favourites page!

The CCAA and the Host Organizing Committee would like to thank our national sponsors for their support and efforts in making this Championship possible, including Baden Sports – Official Volleyball (Perfection VX5EC) Supplier of the CCAA, Carlson Wagonlit Travel, WestJet and Sport Canada.

## Champlain College Saint Lambert plays host Canada's Top Men's Collegiate Basketball Players

Champlain College Saint Lambert is ready to welcome Canada's best players in Men's Basketball at the **2008 CN - CCAA Men's National Basketball Championships**.



Following an exciting weekend of Provincial Play, the participating teams have been declared. Ranked as the number one team in Canada all season, and seeded number one (1), Douglas College from the British Columbia Colleges Athletic Association (BCCAA) will be a tough contender going into this year's event. Seeded number two (2) is the Atlantic (ACAA) champion Mount Saint Vincent University. Sheridan College emerged as the OCAA Champion in the provincial finals and is seeded number (3). From the Quebec Student Sport Federation (QSSF) Collège Montmorency sits in the fourth (4) position while the fifth (5) seed goes to MacEwan College, who emerged as the number one contender from Alberta (ACAC). Host institution, FQSE's Champlain College Saint Lambert takes the sixth (6) seed and the two wildcard teams, University of British Columbia Okanagan (7) and ACAC's Lakeland College (8) round out the competition in seventh and eighth position respectively.

"It started with over 60 colleges competing for the ultimate prize; there are now only 8 schools left. Champlain College Saint Lambert along with the City of Saint Lambert and over 150 student volunteers are proud to host the CN-CCAA 2008 Men's National Basketball Championships from March 13<sup>th</sup> – 15<sup>th</sup>," states Dean Howie, Tournament Chair and Champlain College Saint Lambert Athletic Director. "We are expecting over 5000 spectators during the 3 days in what will be a great display of basketball talent and athleticism as the college basketball season comes to climax. We hope that all college basketball fans will join us, either in Saint Lambert or via the live web feed for what is gearing up to be one fantastic college sporting event."

The **2008 CN - CCAA Men's National Basketball Championship** will feature Canada's top eight men's collegiate basketball team:

1. Douglas College Royals, New Westminster, B.C.
2. Mount Saint Vincent University Mystics, Halifax, N.S.
3. Sheridan College Bruins, Oakville, Ont.
4. Collège Montmorency Nomades, Laval Que.
5. MacEwan College Griffins, Edmonton, Alta.
6. Champlain College Saint Lambert, Saint Lambert, Que.
7. UBC Okanagan Lakers, Kelowna, B.C.
8. Lakeland College Rustlers, Vermilion, Atla.

### **Thursday, March 13<sup>th</sup>**

1:00 PM --- (Douglas College) **VS** (Lakeland College)  
3:00 PM --- (College Montmorency) **VS** (MacEwan College)  
6:30 PM --- (Mount Saint Vincent University) **VS** (UBC Okanagan)  
8:30 PM --- (Sheridan College) **VS** (Champlain College Saint Lambert)

### **Friday, March 14<sup>th</sup>**

1:00 PM --- Match 5  
3:00 PM --- Match 6  
6:30 PM --- Match 7  
8:30 PM --- Match 8

### **Saturday, March 15<sup>th</sup>**

10:00 AM --- Match 9  
12:00 PM --- Match 10  
2:30 PM --- Match 11  
6:30 PM --- Bronze Medal  
8:30 PM --- Gold Medal

The event will kick off with the *CCAA All Canadian Banquet* to be held at College Durocher on Wednesday, March 12th at 18h00. The competition will then run from March 13th to March 15th. To view the detailed schedule and get the latest news and results with the **2008 CN CCAA Men's National Basketball Championship**, visit the official website at [www.champlaincollege/nationals.qc.ca](http://www.champlaincollege/nationals.qc.ca)

The CCAA and the Host Organizing Committee would like to thank our national sponsors for their support and efforts in making this Championship possible, including Spalding / T.F.G. - Official Basketball (TF1000 ZK Pro) Supplier of the CCAA, Carlson Wagonlit Travel, Daktronics, WestJet and Sport Canada and Title Sponsor CN.

## **NSAC ready to welcome the best in Women's Basketball**



Nova Scotia Agricultural College (NSAC) will bring together Canada's best players in Women's Basketball at the **2008 Canadian Colleges Athletic Association (CCAA) Women's National Basketball Championship**.

Following an exciting weekend of Provincial Play, the participating teams have been declared. Looking for another gold medal, last years' CCAA Champion, the Vanier College Cheetahs (FQSE), come in seeded number one (1). Concordia University College Thunder emerged as the top team from the Alberta Colleges Athletic Conference and sits in the number two (2) position.

The Atlantic champion (ACAA), Mount Saint Vincent University Mystics, enter the tournament as the number three (3) seed. Cégep Sainte-Foy Dynamiques (FQSE), who held the number one ranking in the country for a better part of the women's basketball season, secured a wildcard berth and is seeded at number four (4). University of Northern British Columbia will represent the British Columbia Colleges Athletic Association (BCCAA) seeded number five (5) while sixth (6) seeded; Medicine Hat College Rattlers (ACAC) secured the second wildcard. Rounding out the tournament are the OCAA Champions, Sheridan College Bruins, seeded seventh (7) and the host institution, the Nova Scotia Agricultural College Rams (ACAA) in the eighth (8) positions.

Judy Smith, Athletic Director at Nova Scotia Agricultural College states, "NSAC is excited to host the 2008 CCAA Women's Basketball National Championships. The Host Committee is working hard to ensure that teams from across the country are treated to first class hospitality and a great weekend of basketball. The community is looking forward to seeing the best in the country vie for the CCAA crown. With EastLink Television broadcasting the Bronze and Gold games on Sunday March 16, the rest of the country will see the best of the CCAA as well!"

For those who are unable to catch the action in person, medal games at the 2008 CCAA Women's National Basketball Championship will be carried live via satellite from Truro, Nova Scotia, courtesy of EastLinkSports Television. EastLink will provide full coverage of the Bronze Medal Game at 6:00 p.m. and the Gold Medal Game at 8:00 p.m. - Atlantic Time - on Sunday, March 16, 2008. The **2008 CCAA Women's National Basketball Championship** will feature Canada's top eight women's collegiate basketball team:

1. Vanier College Cheetahs, Ville de St. Laurent, Que.
2. Concordia University College of Alberta Thunder, Edmonton, Alta.
3. Mount Saint Vincent University Mystics, Halifax, N.S.
4. Cégep de Saint-Foy Dynamiques, Sainte-Foy, Que.
5. University of Northern British Columbia Timberwolves, Prince George, B.C.
6. Medicine Hat College Rattlers, Medicine Hat, Alta.
7. Sheridan College Bruins, Oakville, Ont.
8. Nova Scotia Agricultural College Rams, Truro, N.S.

### **Friday, March 14<sup>th</sup>**

1:00 PM --- Concordia Univ. College **VS** Sheridan College  
3:00 PM --- Cégep Sainte-Foy **VS** University of British Columbia Okanagan  
6:00 PM --- Vanier College **VS** Nova Scotia Agricultural College  
8:00 PM --- Mount Saint Vincent University **VS** Medicine Hat College

### **Saturday, March 15<sup>th</sup>**

1:00 PM --- Match 5  
3:00 PM --- Match 6  
6:00 PM --- Match 7  
8:00 PM --- Match 8

### **Sunday, March 16<sup>th</sup>**

9:00 AM --- Match 9  
11:00 AM --- Match 10  
1:00 PM --- Match 11  
6:00 PM --- Bronze Medal  
8:00 PM --- Gold Medal

The event will kick off with the *CCAA All Canadian Banquet* to be held at NSAC's Jenkins Hall on Thursday, March 13th at 6:45 p.m. The competition will then run from March 14th to March 16th. To view the detailed schedule and get the latest news and results with the **2008 CCAA Women's National Basketball Championship**, visit the official website at <http://www.nzac.ca/nationals/default.asp>.

The CCAA and the Host Organizing Committee would like to thank our national sponsors for their support and efforts in making this Championship possible, including Spalding / T.F.G. - Official Basketball (TF1000 ZK Pro) Supplier of the CCAA, Carlson Wagonlit Travel, Daktronics, WestJet and Sport Canada.

## **2007-2008 CCAA Female Apprentice Coach Program @ CCAA Nationals**

We would also like to congratulate Douglas College, Collège François-Xavier-Garneau, UBC Okanagan, Mount Saint Vincent University, Concordia University College, University King's College and University Northern BC on making it through to the CCAA's National Championships, providing their apprentice coaches with an opportunity to attend, observe, assist, and coach at a national competition. While providing an understanding of the coaching demands of the national arena in her sport, this experience will no doubt provide the apprentice with the skills to move to the next level.

Eight out of the 14 CCAA Women's program awarded Apprentice scholarships in 2007- 08 made it through to 2007-08 CCAA Nationals they include:

### **University of King's College – Women's Soccer Program**

**Apprentice Coach Sandi Pamenter** – Whether as a player, coach or referee, soccer has always been a part of Sandi's life. While she has few female role models growing up, those who've been present have had a lasting impression on her as a young woman. Sandi has been fortunate to play soccer under the direction and leadership of two exceptional female coaches during her collegiate career. Upon witnessing the tremendous effect she's had on female student-athletes, Sandi believes she has much to gain from working with a coach like Trish. She is a strong role model as both a coach and woman and has shown that coaching is a viable and rewarding profession. While Sandi already has previous coaching experience at the community level, this apprentice program would give her the opportunity to apply existing skills and attributes while also gaining new ones at the postsecondary level.

### **Collège François-Xavier-Garneau – Women's Soccer Program**

**Apprentice Coach Mélissa Lafond** – Mélissa has been playing soccer she was a young girl. She has enjoyed many memorable moments throughout her soccer career, making her passion for soccer burn even stronger. Mélissa has developed great appreciation and admiration for those who've helped and supported her throughout her career. It is now her turn to help athletes achieve their goals. While She has already gained experience in coaching roles, this opportunity will allow her to further develop her skills, master her knowledge and grow both professionally and personally. Mélissa just recently joined the Élans as assistant coach this past Spring.

### **Douglas College - Badminton Program**

**Apprentice Coach Tiffany Cheong** – A former member of the Douglas College badminton team, Tiffany was given the opportunity to grow as a player, leader and coach. While mastering her skills, she also learned the values of hard work, dedication, teamwork and setting goals in both academics and athletics. Tiffany first began playing with the Royals under the direction of head coach, Chantal Jobin, a former Canadian National team member and reigning CCAA champion. Watching how this female coach balanced coaching, a part-time job and full-time schooling greatly influenced Tiffany, allowing her to see she could accomplish a successful athletic career and education. While in the Female Apprentice Coach Program, Tiffany wants to give back to the sport that played such an important role in her own life. She also wants to be a good role model for future student-athletes, helping them grow by passing on her skills and knowledge and making their college experience as good as it can be. NCCP Certified Level I, Tiffany's coaching experience includes Douglas College – Assistant Coach/Manager (2005-2007), Shuttle Sport Academy – Assistant Coach (2005-2007) and Douglas College Summer training camps for beginners and intermediate players – Head Coach/Assistant Coach (2000-2005).

### **UBC Okanagan – Women's Volleyball Program**

**Apprentice Coach Jackie Wong** – A former four-year starter for the Lakers, Jackie initially participated in the inaugural year of the Female Apprentice Coach Program, during which she experienced tremendous growth both personally and professionally. Jackie will once again work directly with and under the supervision of Steve Manuel. While her roles and responsibilities will vary, she will be primarily focusing on the following: managing video taping of matches, analyzing both practice and game tapes, compiling and analyzing statistical information, scouting and compiling tactical information on the opposition, assisting in preparation of game plans, assisting with athlete recruitment, writing media releases and finally, attending various meetings.

### **Collège François-Xavier-Garneau – Women's Volleyball Program**

**Apprentice Coach Mélissa Pelletier** – Mélissa has always been heavily involved in volleyball. A former member of the Élans' Women's Volleyball squad from 1993 to 1999, she pursued her education at Laval University where she played for another four years. While she is in her second year of the FCP, Mélissa has been assistant coach with the women's AAA volleyball team since 2005. In her first year as assistant coach, the Élans finished the season with a perfect 18-0 record and captured both the provincial and national titles. With the loss of many veteran players last season, the team did not perform so well. Nonetheless, the experience was rewarding and Mélissa learned a great deal about herself and how to become a better assistant coach – to accept defeat, to stay positive at all times and to have confidence in one's self. She has thoroughly enjoyed her role within the team and she believes that she still has much to offer to the student-athletes. As the Élans' Women's Volleyball Apprentice Coach, Mélissa will continue to focus on skills development, i.e. developing the athletes' defensive abilities and serve reception accuracy. She will also be managing video taping of matches, working on athlete recruitment, managing stats, compiling tactical information on their opponents and managing equipment while on the road.

### **University of Northern British Columbia's (UNBC) – Women's Basketball Program**

**Apprentice Coach Laura Foster** – A former member of the University of Northern British Columbia women's varsity basketball team, Laura received a Bachelor's degree in Human Kinetics specializing in Exercise Science from the University of British Columbia in May 2006. She successfully completed several courses in athletic training, coaching and nutrition, as well as an in-depth focus on the human body's anatomy and physiology. For the past year, Laura has been working with both UNBC's women's basketball team and the Basketball Canada Regional Training Centre in Prince George. Laura is looking forward to working once again under the leadership and direction of her former coach, Loralyn Murdoch. As UNBC's Apprentice Coach, she will continue learning different coaching and game strategies, running drills in practice and during games, assisting with substitution patterns and providing players with immediate instructional and supportive feedback as they come off the court. Laura will also be work with the student-athletes to achieve development and performance objectives, to provide guidance in respect to diet and/or treatment of injuries and administratively, she will assist with scheduling, managing equipment, making travel arrangements and organizing fundraising events. Laura will be completing her NCCP Level 1 and 2 Technical during this program and will be working as a coach at the Northern Regional Training Centre.

### **Concordia University College of Alberta – Women's Basketball Program**

**Apprentice Coach Ashley Nealon** – Passionate about basketball, Ashley has been playing since grade five. Her years of playing basketball have been priceless in her personal development. With her career as a competitive player now over, Ashley is ready to make the transition into coaching. While her experience as a coach is limited, she is excited about the opportunity to expand her coaching skills. Her experience on the bench will also foster the development of valuable leadership skills, which complement both her personal and career goals.

## Mount Saint Vincent University – Women's Basketball Program

**Apprentice Coach Elaine Horne** – Elaine has been part of a team and involved in sport since an early age. While her career as a competitive athlete has come to an end, coaching only seems like the natural step in her lifestyle. As a professional Dietician, Elaine has an extensive background and training in fitness and physical activity. Coaching, participating and developing her skills during the next year not only fits with her current career goals but it also helps her invest in her future. Recognizing the importance of sport in one's life, Elaine has developed a great appreciation for parents, volunteers, coaches, support networks and sport infrastructures that were fostered as she evolved through community, school and provincial programs. The Female Apprentice Coach Program will enable Elaine to give back to the individuals that supported her as well as the systems that she has been involved with throughout the years.

## SPORT NEWS

### Canadian University / College Badminton Championships

Badminton Canada will be holding the 2008 **Canadian University/College Badminton Championships** from March 21-23 at Laval University in Quebec City. Open to both CCAA and CIS member-institutions, the event will serve as the qualifier for the **2008 World University Badminton Championship** badminton team who will compete in Braga, Portugal, May 5-8, 2008.



To Register:

- a) All college players entering this competition must enroll through their College Athletic Director who will ensure that CCAA eligibility rules have been met. The Athletic Director will also instruct players that their conduct will be in accordance with CCAA Regulations.
- b) The Athletic Director will submit the names of the players to the CCAA office so that the Convenor will be appraised of the player's entry. **Athletic Directors are to complete the attached Registration form to the CCAA by March 7, 2008.**
- c) The CCAA has been awarded space for 2 teams and the CCAA Convenor will select from ALL AVAILABLE PLAYERS the two CCAA teams. It's encouraged that all Gold and Silver players from the CCAA championship attend the University/College Championships. The CCAA will pay the \$100 entry fee for each CCAA team.
- d) Moreover, to increase CCAA representation the CCAA will assist with some of the costs by providing \$200 to each Gold and silver finisher at the CCAA championships who attends the University/College Badminton **Championship**.
- e) Important to note since there is a both an Individual and Team component to the University/ College Championship **all players entering this competition must also enroll directly through Badminton Canada. The Badminton Canada entry Deadline is March 14, 2008** on line at [www.badminton.ca](http://www.badminton.ca) or direct at <http://www.tournamentsoftware.com/sport/tournament.aspx?id=19066>
- f) The individual event will serve as a selection event for the 2008 World University Championship being held in Braga, Portugal, May 5-8, 2008.

**INFORMATION:**

For details regarding the selection process and/or to request an entry form, you may also contact Sandra Murray-MacDonnell, CCAA Executive Director, at [sandra@ccaa.ca](mailto:sandra@ccaa.ca) or (613) 937.1508.

### 2008 Canadian University & College Squash Championships

The 2008 Canadian University & College Squash Championships will be hosted by the University of Toronto from March 7-9, 2008.

**Cost:** \$49.00 (incl.GST) - includes 3 matches, light refreshments, Saturday lunch, and tournament apparel).

**Entry deadline:** Tuesday, March 4, 2008 (9 am EST)



For more information and/or to register, please visit:  
<http://www.squash.ca/universitychampionships/2008/index.htm>.

## A Gracious Champion



Megan Yim, a third year Malaspina University student who just won a bronze in Women's Singles competition at the 2008 CCAA Badminton Nationals at Mount Allison University in NB earns a community's and a Nations respect.

Megan and her doubles partner Kylee Abrahamson, winners of the 2007 CCAA Badminton bronze medal in women's doubles were nominated in the Partners of the Year Category for a Nanaimo Sports Achievement Award. Their competition in the category was Team Plasteras. Jim Plasteras and his 19- year-old daughter Carly, who confined to a stroller due to cerebral palsy, ran the 2007 Vancouver Marathon in May with Jim pushing his daughter the entire 42.2 kms distance. In October of 2007 during the Royal Victoria Marathon he decided to repeat the endeavor with Carly's twin sister Angela, who also has cerebral palsy. Jim had suffered a pulled muscle prior to the marathon but still managed to push Angela 23

kms before asking his brother and sister to push the stroller the rest of the way. Angela finished the race in 4 hours 38 minutes with Dad finishing 34 minutes later.

When it came time to present the Nanaimo Sports Achievement honour, the award was presented to Megan Yim. Yim walk up, received the award, turned to the crowd and said, "I don't really deserve this". She walked over and handed it to the Plasteras Family. It was an act of pure and simple graciousness, from a true Champion.

*Information submitted by Alf, McGuire, CCAA  
Badminton Convenor.*

## RANKINGS / SCOREBOARD

### Make sure to visit the official websites of the 2008 CCAA National Championships!

With the Canadian Colleges Athletic Association (CCAA) National Championships quickly approaching, Host Organizing Committees are working hard to ensure all the final preparations and arrangements are being made. In the midst of doing so, each Host has developed an official website to bring you the latest news, results and developments within their Championship.

Add the links to your *Favourites* page!

**2008 CCAA Men's National Basketball Championship** - Hosted by Champlain College Saint Lambert in Saint Lambert (Que.) from March 13-15  
[www.champlaincavaliers.com/nationals](http://www.champlaincavaliers.com/nationals)

**2008 CCAA Women's National Basketball Championship** - Hosted by Nova Scotia Agricultural College in Truro (N.S.) from March 14-16  
<http://www.nsac.ca/nationals/>

**2008 CCAA Men's National Volleyball Championship** - Hosted by Humber College in Etobicoke (Ont.) from March 7-9  
[www.humberathletics.ca/mybnnationals](http://www.humberathletics.ca/mybnnationals)

**2008 CCAA Women's National Volleyball Championship** - Hosted by Mount Royal College in Calgary (Alta.) from March 6-8  
<http://cougars.mtroyal.ca/vbnnationals>

**2008 CCAA National Badminton Championships** - Hosted by Mount Allison University in Sackville (N.B.) from February 28 – March 1)  
[www.mta.ca/ccaabadminton](http://www.mta.ca/ccaabadminton)

## MARKETING

### Important Award Deadline - *SIRC-CCAA Academic All Canadian Award*



The CCAA and SIRC Sport Research are pleased once again to recognize the student-athletes who have achieved combined excellence in collegiate athletics and academics. To be eligible to receive the **SIRC-CCAA Academic All Canadian Award**, a student-athlete must be named to his/her respective PCAA All-Star teams (1st and 2nd) in a CCAA Sport, and must achieve a GPA standing of 3.5 on a 4.0 scale or equivalent as defined by his/her institution. In CCAA sports that do not have PCAA all-stars, only PCAA gold and silver medals shall be eligible.

In addition, SIRC is proud to present the **SIRC-CCAA Academic All Canadian Recognition Award** to the institution with the most student-athlete award recipients.

Award nominations can be found on the CCAA's official website at the following link – **please note that all award forms must be TYPED.**

<http://www.ccaa.ca/awards.htm#AcademicAll>

*As the leading resource for sport information, SIRC (Sport Information Resource Centre) is a proud partner and has been the title sponsor of this prestigious student-athlete award for the past three years. Created in 1973, based in Ottawa, Canada, SIRC archives, disseminates and communicates sport research (from practical to advanced) to students, teachers, coaches, athletes, sports medicine professionals and sporting organizations worldwide. SIRC has a comprehensive sport library with document delivery and research services, created the world's leading sport database, SPORTDiscus, hosts the SIRC Research Award, and is the primary communication link for sporting organizations within Canada.*

If you have not already done so, please be sure to register as a SIRC member!

As a CCAA member, you receive a one-year free subscription, which includes access to their library and numerous publications.

For more details and/or your registration code, please contact Sandra Murray-MacDonell ([sandra@ccaa.ca](mailto:sandra@ccaa.ca)) or via telephone at 613.937.1508

### Time to submit your MIP invoices!!

If you have purchased items from one of our Marketing Incentive Program (MIP) partners, we need to know!! This information can be submitted in one of two ways: 1) Complete the MIP Summary Sheet, which you should have received in the beginning of the year, and send it with your invoices from the purchases made with an MIP partner, or 2) Simply fax us your invoices and we will do the rest. **The deadline to submit this information is Saturday, April 30, 2007.** If you have any questions and/or concerns, please contact Sandra Murray-MacDonell ([sandra@ccaa.ca](mailto:sandra@ccaa.ca)) or via telephone at 613.937.1508

#### Qualifying Purchases:

- All **Spalding** Basketballs
- All **Baden** Volleyballs
- All **Black Knight** Badminton shuttles, racquets and equipment
- All **Big Kahuna Sport Co.** equipment and supplies
- **ONLY Adidas** Soccer balls purchased at Big Kahuna Sport Co.

## OTHER NEWS



### CCAA Key Dates and Deadlines – MARCH

March 6-8	CCAA Women's National Volleyball Championships, hosted by Mount Royal College
March 7-9	CCAA Men's National Volleyball Championships, hosted by Humber College
March 8	Deadline for Academic All-Canadian award application to the National Office
March 8	Deadline for Provincial Basketball Hosts to courier Provincial championship tapes to first round opponents
March 8	Deadline for PCAA written confirmation to National Office that all participating Basketball athletes are eligible under PCAA Eligibility criteria
March 10	Deadline for PCAA Volleyball Technical fees and Championship Participation fees to be sent to National Office
March 13-15	CCAA Men's National Basketball Championships, hosted by Champlain College St. Lambert
March 14-16	CCAA Women's National Basketball Championships, hosted by Nova Scotia Agricultural College
March 18	Deadline for nominations for CCAA Coaching Excellence Awards
March 21	Deadline for PCAA Basketball Technical fees and Championship Participation fees to be sent to National Office
March 21	Deadline for Championship Evaluation Forms for Badminton
March 21	Deadline for nominations for CCAA Athlete of the Year Male & Female
March 23	Deadline for Championship Evaluation Forms for Volleyball
March 28	Program Committee Conference call
March 30	Deadline for Championship Evaluation Forms for Basketball
April 1	Deadline for Female Apprentice Coach Program Final Report