

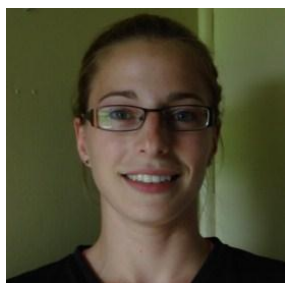
2010-11 Female Apprentice Coach Program Recipients

(Cornwall, Ontario – August 16, 2010) The Canadian Colleges Athletic Association (CCAA) is pleased to announce the successful candidates for the 2010 CCAA Female Apprentice Coach Program. This season the CCAA will be offering this unique opportunity to 20 Apprentice Coaches.

Funded by Sport Canada, a branch of the Department of Canadian Heritage, the CCAA Female Apprentice Coach Program is a national project conducted in partnership with the Atlantic Colleges Athletic Association (ACAA), the Quebec Student Sport Federation (QSSF), the Ontario Colleges Athletic Association (OCAA), the Alberta Colleges Athletic Conference (ACAC) and the British Columbia Colleges Athletic Association (BCCAA).

The Female Apprentices and Mentor Coaches for the 2010-11 season are:

Université Sainte-Anne - Women's Volleyball Program



Apprentice Coach - Sara Evans, was a part of the Université Sainte-Anne Women's Volleyball team from 2001 to 2004 during which she completed a diploma and went on to the University of New Brunswick (UNB) to complete a specialized degree in Kinesiology. During the completion of her degree at UNB, she was the team therapist for the Université Sainte-Anne Women's volleyball team. Sara possesses many attributes that are suitable for a future coach. She has volunteered much of her time and efforts to the team in order to ensure that they are successful, she is determined to develop student-athletes into the best that they can be and is perfectly suited as an Apprentice coach.

Mentor Coach - Pierre Nobert, has a unique situation as he is not only the coach of the women's volleyball program, but also the Athletic Director at Université Sainte-Anne. He has coached the U-Ste. Anne Dragons since 1991, during which he took a 2 year break and returned as coach. Throughout his coaching experience with the Dragons they have won 5 conference championships, and competed in 6 CCAA National Championships. He has a level-3 NCCP coaching certificate as well as several honorary coaching awards. Pierre is confident and excited about being a Mentor Coach to Sara Evans.



University of King's College - Women's soccer Program



Apprentice Coach - Leah Robinson having attained a Bachelor of Science in Biology and Chemistry while also being a part of a university women's soccer program, understands what it means to be a student-athlete. By being able to relate to the players on this level, she will be able to offer advice and support for both on and off the field issues. Her strong technical abilities will allow her to demonstrate many aspects of the game, helping to contribute to player development. Having the opportunity to learn and acquire the necessary coaching skills needed to coach at the collegiate level will provide Leah with the knowledge and confidence needed to one day pursue a coaching profession.

Mentor Coach - Stacey Stocco in addition to head coach of the University of King's College Women's Soccer Program, Stacey is Regional Technical Director for Halifax and part of her job is educating and certifying coaches by delivering community coaching courses. Over the past 2 years it has been made very clear to Stacey that there is a strong need for qualified coaches and female coaches in particular. After having played professionally and semi professionally, and having obtained her Coaching B license, Stacey looks forward to the opportunity to pass on her knowledge and experience to someone who is willing to learn and develop themselves into becoming a qualified and successful coach.



Vanier College - Women' Basketball Program



Apprentice Coach - Marie-Pier Brabant, was a point guard and starter for her three years playing for Vanier College. She came to Vanier as a unilingual French student from the suburb of Granby and now Masters English and is studying Physical Education at McGill where she played as well for two years. Her development throughout her years at Vanier were very influential in her decision to become an educator. Moreover, the coaches at Vanier were the only women coaches Marie-Pier had through her basketball career and she believes that it is important to keep women involved in sport. In the summer of 2009, She was a volunteer coach for Sun Youth Girls Basketball team; this experience made her realize how passionate she truly was in becoming a coach. Her goal in being an Apprentice Coach is not only to continue to expand her technical and tactical awareness of the game, but also to further develop her abilities as a teacher and a coach so that she can have a positive influence on both her future players and students.

Mentor Coach - Ruby Viray, throughout her 11 years of coaching, Ruby has had the opportunity to coach different teams and players, in British Columbia and in Montreal. She is currently the head coach at Vanier College and has been for the last 5 years. In that time, the Vanier Cheetahs have won two Provincial Championships, a bronze medal at Nationals, and a National Championship. According to Ruby “being a mentor coach would allow me to continue to develop as a coach while at the same time provide an opportunity to be involved in the development of a new female coach. I truly believe that enjoying what you do is the key to success and I believe that being a mentor coach to Marie-Pier will give me new challenges and provide a different perspective to coaching. I look forward to working with Marie-Pier; we will both be learning”.



Collège Edouard Montpetit - Women's Basketball Program



Apprentice Coach – Sabrina Guilbart, played for the Edouard Monpetit Lynx from 2007-2010. She was a strong player and a key asset to the team throughout her years demonstrating leadership and exuding a true passion and spirit for the game of basketball. Sabrina wishes to continue following her passion for basketball as a coach. During her years at Edouard Monpetit she was captain of her team which has inspired her to continue in a leadership role like coaching. Sabrina will continue her education at l'Université du Québec in the Physical Education and Health program. As an apprentice coach she sees the opportunities that the program will give her in order to develop and learn the appropriate skills that she will continue to aid in her career path to becoming a Physical Education teacher.

Mentor Coach – Hugues Chassé, has been part of the Female Basketball program at Edouard Monpetit for the past 4 years, although he has been involved in basketball for over 15 years. Since his arrival at Edouard Monpetit, Hugues has lead the female basketball program to the FQSE Provincial championships every year. Since 1995, Hugues has been coaching basketball at various levels. Hugues believes that Sabrina will be an inspiring addition to the Edouard Monpetit coaching staff and looks forward to helping her achieve her final goal of becoming a coach.



Cégep de Sherbrooke - Women's Basketball Program



Apprentice Coach – Isabelle Provencher, possesses a handful of knowledge and skills that will benefit young female basketball players at Cégep de Sherbrooke. She brings with her unique and interesting skills that contribute to the development and the progression of physical activity within striving athletes. Isabelle is a John Abbott College graduate in Human Sciences as well as a McGill University graduate in Physical Education. She wishes to obtain a future directly correlated to Physical conditioning and believes that starting as an Apprentice coach is the right path for her.

Mentor Coach, Michel Garant, is a full time high school teacher. He has been involved with coaching for 21 years. He has completed his level-3 NCCP coaching certification. He is currently responsible for the basketball program at his high school and coach at Cégep de Sherbrooke. Michel runs his own basketball clinics on weekends to students and athletes in his region as well as at the provincial level. With his current teams he travels across the globe to Europe, the United States, and all over Canada to learn more about the development of basketball outside of Quebec. He is extremely involved with basketball in all aspects of the sport and is more than qualified to be a positive mentor to Isabelle.



Collège François Xavier Garneau - Women's Volleyball Program



Apprentice Coach Apprentice Coach, Stéphanie Gonthier is a current student at University Laval in Québec studying Physical Education and health. She was a member of the FXG-Élans women's volleyball team during which time she also received training as a referee and is currently working on completing her level 1 NCCP coaching certificate. She wishes to continue a career path that will lead her to a position as an Educator and Coach and believes that the Female Apprentice coaching will help her develop and pursue this career.



Apprentice Coach, Gabrielle Duval-Brûlé, is a Biology student at University Laval in Québec as well as a member of their varsity women's volleyball team. She has been playing competitive volleyball for 12 years. Recently she suffered a knee injury that has affected her daily life and ability to participate in physical activity; she hopes to make a full recovery by the end of 2010. Due to this injury, she has decided to contribute to the game of volleyball as a coach. She looks forward to working with FXG Élans as a Female Apprentice.

Mentor Coach, Julien Paquette, is the coach of the women's volleyball program at FX-Garneau and lead his team to the CCAA championships this past year and brought back a silver medal. He has achieved several successes throughout his coaching as well as completing his level-3 NCCP certification and level-2 beach volleyball certification. He has coached at all levels including, U21 Team Canada. He is extremely talented and inspiring as a coach. He will be a great example and mentor for Gabrielle and Stephanie.



Georgian College - Women's Volleyball Program



Apprentice Coach - Kim Stovold is a recent graduate from Georgian College where she played on the Varsity Volleyball team for four consecutive years and was on the Cross-Country running team for three years. She is the former captain, all-star and Academic All Canadian athlete who is eager to step forward and offer her energy and experience to assist other young female athletes. Kim has also worked at Olympia Sports Camp with youth athletes following the Long Term Athlete Development model and hopes to gain in her coaching experience at the varsity level as a Female Apprentice.

Mentor Coach - Brad Graham been coaching at Georgian College for 20 years. His involvement has been solely with our Women's Varsity Volleyball program. Over the years Brad has completed his level 4 NCCP and is actively involved with Level 5. He is a Learning Facilitator for NCCP in Part A and B courses. Brad is also a board executive member with the Barrie Elites Volleyball Club and has also been the program co-coordinator for Volleyball at Olympia Sport Camp, in Huntsville. Brad looks forward to providing a positive environment for Kim to learn and work with the coaching staff and athletes at Georgian.



Nipissing University - Women's Volleyball Program



Apprentice Coach - Carrie Baldwin, desire to coach started when she was a University student playing for the Nipissing Women's Volleyball Team. She had the privilege of working as an assistant coach at the same high school where she grew to the love the game of volleyball. In 2009 she joined the North Bay Youth Volleyball Club as co-coach to the 18 and Under Girl's Volleyball team. Her love for volleyball as a player on the court has sparked her love for the game from the sideline as a coach. She is excited about being given the opportunity to provide a level of assistance to the Nipissing University Women's Varsity Volleyball program as an Apprentice Coach, which further aid her development as a coach.

Mentor Coach - Marc LaRochelle, has ten years experience coaching women's volleyball at the CCAA level with the last five being the head Coach of the Nipissing Lakers Women's Volleyball Program. In 2006-07 Coach LaRochelle was named the Ontario Colleges Athletic Association and CCAA volleyball Coach of the Year. According to Coach LaRochelle, "it is important that young coach's especially young female coaches get involved in the sport of volleyball. This is especially true in small northern communities such as North Bay where the coaches are getting older and the young athletes are often migrating to urban cities in search of career opportunities. I believe that the Female



Apprentice Coach Program is a great opportunity for a strong, passionate young female coach such as Carrie to further her development and knowledge and I would be honoured to guide and challenge her along the way."

Fanshawe College - Women's basketball Program



Apprentice Coach - Charlene Camillo, is a graduate of The University of Western Ontario (UWO) where she completed a Bachelor of Arts Degree in Kinesiology and First Nations Studies in 2008 and a Bachelor of Education Degree in 2009. During her studies at Western, she was a member of the Women's Varsity Basketball team. Throughout high school she returned to her elementary school to volunteer as an Assistant Coach of the Grade 7 and 8 Girls basketball team. During her studies at Western she has been an Assistant Coach and Head Coach to a number of Secondary and elementary schools. The past two summers she has returned to her home, First Nation of Moose Factory, ON to be a guest instructor at the Cree Hoops basketball camp. This Apprentice coaching experience will contribute to her overall career path by improving her teaching and communication skills and utilizing her leadership abilities.

Mentor Coach - Matt White, is head coach of the Fanshawe Falcon's women's Basketball program and has been voted Ontario Colleges Athletic association 's Women' Basketball Coach of the year for the last two years. According to Coach White, " to be successful in any field, aspiring leaders require strong role models and proper guidance." The Female Apprentice Coach Program provides an extraordinary opportunity for Coach White to facilitate Charlene's personal and professional growth by sharing his knowledge and experience. Coach White states: " my primary intent is to challenge Charlene to think about the game and about coaching in new and different ways. I know without question that Charlene has a bright future ahead of her. With the assistance of the Female Apprentice Coach program, my hope is that together we can retain an aspiring leader to the sport of women's basketball. I know that the dividends will be paid long into the future."

Redeemer College's - Women's Volleyball Program



Apprentice Coach- Pamela Donker, is a graduate of Humber college where she played volleyball for the Hawks. Pamela is looking forward to the opportunity of being part of the Female Apprentice Coach Program. Her hope is that it provides her with the experience to learn first hand what it takes to lead a group of people who want to work towards one common goal. Having been a recent varsity athlete she believes she has the wherewithal to provide leadership and develop relationships that will assist in inspiring and empowering the team toward an excellent season.

Mentor Coach - Doug Veldman, is fully certified level 2 and is working on his level 3 certification. While Coach Veldman is new to Redeemer University College, he is not new to the CCAA as former head coach at Conestoga College. Doug has also coached in the Ontario Volleyball Association 14U through 18U club system and is a former assistant coach for Wilfred Laurier University. He feels it is imperative to seek out and develop competent female leaders for tomorrow and the Female Apprentice Coach Program is instrumental in this process.



Durham College's - Women's Soccer Program



Apprentice Coach Julia Prohaska, is a former collegiate player with Durham College's women's soccer program and twice was able to lead her Lords teams to the National Championships. Upon her graduation from Durham College with honours, she attended Graceland University in Iowa and immediately helped that program to a National Championship berth in her first season. She has since graduated from the US and returned home with a desire to coach college soccer in the CCAA. Julia is the kind of high caliber person we want to develop, stay engaged and benefit from a program like this offered by the CCAA.

Mentor Coach David Staley, captured the Ontario Colleges Athletic medal last season and has gold in his eyes this season. Coach Staley is requirements of being a mentor coach to Julia for the upcoming fall and building on her development during the OCAA indoor soccer attests that Julia has the attitude, intelligence and soccer skill set to be the future.



Association silver committed to the outdoor season season. He a strong coach in

Medicine Hat College's Women's Basketball Program



Apprentice Coach - Kaitlyn Carter, completed her playing career with the Medicine Hat College Rattlers this past season. Katie is very passionate about the game of basketball and the Rattlers program. She is a quiet leader who leads by example. She volunteers her limited free time to help coach and teach the youth of Medicine Hat. She has decided to make teaching and coaching her life long pursuit. She is thrilled at the opportunity to return to the Rattlers program as an Apprentice Coach in 2010-11.

Mentor Coach- Jason McLester, is entering his 8th season with the Rattlers. Coach McLester has always been a coach who believes in building excellent people. He has never placed winning above academics and continually works at ensuring his players have a balance in their lives between basketball, academics, social life and family. According to Coach McLester, " I have been very blessed to be in the company of excellent coaches; both presently and in the past, and the wisdom that I have gained from these relationships have made me a better coach. I am very honored to become part of that chain for my Apprentice Coach. I believe through collaboration we will both become better coaches and leaders.



NAIT's - Badminton Program



Apprentice Coach- Tiffany Chan, played four years of Alberta Colleges Athletic Conference badminton with the Concordia Thunder. She was selected to the All-Conference team in every year that she played and won a CCAA National Championship in mixed-doubles in her first season. Tiffany has been playing badminton for almost all her life, starting at the age of three. She has played in the competitive circuit for approximately 10 years and admits her greatest experience during that time was the honour of representing Canada in the 2000 World Junior Championships. With her badminton experience she is ready to take on the role

of Apprentice Coach and learn the intricacies of coaching.

Mentor Coach - Jordan Richey has been the badminton coach at NAIT for the past 13 years, a three-time winner of the Alberta Colleges Athletic Conference Coach of the Year and awarded the CCAA Badminton Coach of the Year in 2007. Coach Richey is looking



forward to mentoring Tiffany and believes she has a great deal to offer the Program at NAIT . The program has several elite level players and Tiffany will be able to relate to and players who already respect and admire her. Coach Jordan maintains that the CCAA Female Apprentice Coach Program will be win-win situation for all parties involved, the apprentice, the mentor, the program, the institution , the conference, the CCAA and the badminton community as a whole.

SAIT's - Women's Soccer Program



Apprentice Coach - Erin Schwab, as a fifth year player and captain with the Trojan’s soccer team, epitomizes the Trojan Pillars of Athletic Excellence, Academic Success and Community Citizenship. She has been an active member of both the Trojan Outreach Program and the Trojan Ambassador’s Council. She played an instrumental role in the Calgary Herald’s “Raise-A-Reader” day and organized a 12 hour, non-stop soccer game to raise awareness and funds for the Tom Baker Cancer Centre. Now that her playing career is over, she is eager to transfer her team leadership skill from the “coach on the field” to a "coach on the sideline".

Mentor Coach - Grant Stevens, coaching philosophy, is not to win at all cost but rather to teach and develop athletes. Entering his sixth season in the CCAA and with the Trojans, Grant’s numerous years of playing and 16 years of coaching at the club, elite, provincial, national and college levels is an obvious asset as a mentor coach. He holds a Canadian Soccer Association (CSA) National License and as a teacher, makes education, integral in the development of an individual and a young coach. Coach Stevens looks forward to assist Erin as she develops her own coaching methods and techniques.

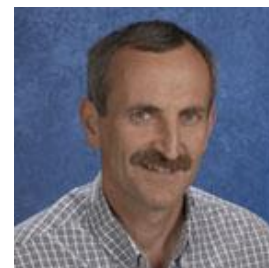


MacEwan University's - Women's Basketball Program



Apprentice Coach - Teresa Wallsten, had the opportunity to play at the collegiate level with the MacEwan Griffins, unfortunately half way through her first year she was injured. Although this was a painful experience, she continued to participate on the sidelines at practices and at games. This situation turned out to be the main contributing factor in her pursuit to coach. She completed her education degree, and has been coaching many youth club teams over the past 8 years. Teresa is eager and excited about the opportunity in being Apprentice Coach "I believe that this will be an incredible learning opportunity and I feel confident that the skills that I will learn over this year will be a great foundation for my coaching career."

Mentor Coach - Robert Poole, for the past 32 years has coached basketball from the community to the collegiate level. During this time period he had the opportunity to learn from some of our nation’s very best coaches, including Jack Kenyon and Ken Shields. His experiences with these gentlemen provided him with a great foundation of technical, tactical, and leadership skills which have shaped the coach he is today. He is level 3 certified and is a New NCCP Basketball Technical Module Course conductor. Coach Poole believes the opportunity to learn effective coaching is through practical situations and interaction. He is excited about the opportunity to work with Teresa, who he believes has a very good work ethic and the skill set to become excellent coach.



Keyano College's - Women's Basketball Program



Apprentice Coach - Angela Cull played four years at Durham College of the Ontario Colleges Athletic Association. She was team captain and worked her way from a timid first year player to a strong leader in her 4th year. Angela is a fierce competitor and has a very high work ethic. After ending her playing career, she took the natural step into coaching. She has worked in numerous basketball camps, and coached club teams in Ontario and Alberta. Her most recent coaching experience is assistant coach with the Fort McMurray High School Miners. Angela welcomes the opportunity of joining the Keyano Huskies Women's Basketball coaching staff as an Apprentice Coach to further develop her skills.

Mentor Coach - Clayton Neilson has 15 years of coaching experience, 7 of which have been in the CCAA. Coach Neilson is NCCP certified level III and he is in the midst of attaining his level IV certification. He is also an NCCP Intro to Competition learning facilitator. Coach Neilson is excited about the opportunity to be part of Female Apprentice Coach Program as a Mentor Coach to Angela. He believes the program is essential in assisting the development of young female coaches.



Vancouver Island University's - Women's Soccer Program



Apprentice Coach - Aileen Holder, was a VIU athlete for five years and is one of the most outstanding athletes to ever play for VIU. In the 2009/10 season she was the captain of the Soccer team as well as captain of the Volleyball team as well as an outstanding student. Aileen expressed an interest in coaching upon finishing her final year of eligibility and is excited about being an Apprentice Coach this coming season. Besides her skills and knowledge of the game Aileen feels she can fill a gap on the Coaching staff, by providing a female perspective on the bench.

Mentor Coach - Anup Kang has been coaching soccer for 20 years, is NCCP level 3 certified and has been coaching at VIU for five years. Coach Kang has been mentored by some of the best coaches in Canada, such as Neil Sedgwick, Jamie Fales and Shel Brodsgaard. He is thrilled to have an opportunity to mentor a female alumni athlete and dual sport all star player such as Aileen Holder. According to Coach Kang "contingency planning and problem solving are vital components of a coach's tool box and I will be mentoring Aileen to come up with creative solutions very quickly in the course of competition. I will also focus on team cohesion, team goals, technical and tactical knowledge of soccer and nutrition for female athletes."



Douglas College's - Women's Basketball Program



Apprentice Coach - Cyndi Lawson, has been a member of the Douglas College Women's basketball team for the past 3 years and graduated with a Diploma in Criminology in

April 2010. She now would like to take her passion for sports and her ability to find herself through post secondary athletics to another level; as a coach. Cyndi has been a tireless volunteer in the athletics department being involved with the Student Athlete Advisory Council as well as being a guest speaker at the Student Athlete Orientation night and with the Athletics Banquet. She has the qualities to be an excellent coach and the Female Apprentice Coach Program, will permit her to grow in this role.

Mentor Coach Katie MacLeod had been head coach for the Royals female athlete who moved into coaching after playing, value in this opportunity, and realizes the importance of providing women to learn and grow into coaching leadership roles. Coach forward to the opportunity to grow and develop while acting as a believes that participation in the Female Apprentice Coach challenging and rewarding for everyone involved with the program at Douglas College.



for 4 years and as a understands the the platform for MacLeod is looking mentor coach. She Program will be both women's basketball

Capilano University's - Women's Basketball Program



Apprentice Coach - Carlee Babcock, attend the University College of the Fraser Valley and played basketball after two years transfer to Capilano University , where she played another two years. After playing four years of post-secondary basketball, she decided that coaching was something she wanted to pursue. As an Apprentice Coach, Carlee is preparing herself to one day be a Head Coach. The experience that will be gained this season will guide and better prepare her for a future in coaching. According to Carlee " it is my hope that in March 2011, I will have impacted the Capilano University Women's Basketball team, making a positive difference in the outcome of their experiences as

student-athletes on and off the basketball court. "

Mentor Coach - Paul Chiarenza has coached for the past 18 years and has been the head coach of the Capilano Blues since 1999. Paul's coaching credentials include Canada Basketball Centre for Performance, assistant coach at Simon Fraser University, founder of the Triple Threat Basketball Club as well as various regional and provincial teams. Paul welcomes the opportunity to mentor Carlee Babcock, under the CCAA Female Apprentice Coach Program.



The Female Apprentice Coach Program is aimed at targeting the rich source of potential female coaches in the ranks of graduating student-athletes and creating a new coaching position, the apprentice coach. The CCAA is working towards the goal of having at least one female member on the coaching staff of each women's sports program. Incentives are offered to institutions that offer apprentice coach positions within the CCAA sports of soccer, volleyball, basketball, badminton, golf and cross country running. The grant is identified for professional development opportunities in either NCCP or related coach education, and for operational costs associated with the apprentice coach.

The Canadian Colleges Athletic Association is a national sports organization that enriches the lives of student-athletes through intercollegiate competition.