

2009-10 Female Apprentice Coach Program Recipients

(Cornwall, Ontario – August 13, 2009) The Canadian Colleges Athletic Association (CCAA) is pleased to announce the successful candidates for the 2009-10 CCAA Female Apprentice Coach Program. In its fifth year, the CCAA will be offering this unique opportunity to 19 Apprentice Coaches.

The Female Apprentice Coach Program is aimed at targeting the rich source of potential female coaches in the ranks of graduating student-athletes and creating a new coaching position, the apprentice coach. The CCAA is working towards the goal of having at least one female member on the coaching staff of each women's sports program. Incentives are offered to institutions that offer apprentice coach positions within the CCAA sports of soccer, volleyball, basketball, badminton, golf and cross country running. The grant is identified for professional development opportunities in either NCCP or related coach education, and for operational costs associated with the apprentice coach.

The Project Committee of the Female Coach Apprentice Program is enthused by the ongoing benefits of the program in introducing new female coaches into sport at the national level. An in depth survey of past apprentices illustrates the need for such programs to assist and 'kick start' the development of female coaches within the Canadian sport system. "With funding from Sport Canada, we have been able to provide apprentices coaches, practical experiences with qualified mentor coaches and access to education, which has increased their competencies and serves to enrich the Canadian coaching ranks of the future," states Project Chair Yvonne Becker.

We are pleased to announce the candidates for the 2009-10 CCAA Female Apprentice Coach Program.

University of British Columbia - Okanagan's – Women's Basketball Program



Apprentice Coach Kim Whelpton is a graduate of the University of British Columbia –Okanagan's women's varsity basketball team. Kim's leadership abilities are reflected by being the former team Captain 3 out of the 5 years she played for UBC Okanagan Heat. Kim has had some coaching experience in summer camp programs and as a volunteer coach to a variety of youth programs. The CCAA Female Apprentice Coach Program will greatly aid Kim in attaining her short and long-term career goals. She recognizes the importance of educating oneself and plans to complete her Level 2 and begin her Level 3 certification. Additionally, her hope is that

the CCAA Female Coach Apprentice Program will guide her towards her long-term goals of eventually becoming a head coach for a post-secondary institution in Canada.

Mentor Coach Heather Semeniuk head coach of the UBC Okanagan Heat Women's Basketball, is a Level 3 certified coach who has been coaching in the CCAA for the past 15 years. Over the course of her 15 year coaching career at OUC/UBC Okanagan she has had several student-athletes return to assist her and the team after completing their player eligibility. Two of these young women are now coaching basketball in the public school system. She welcomes the opportunity to mentor Kim Whelpton, under the CCAA Female Apprentice Coach Program.



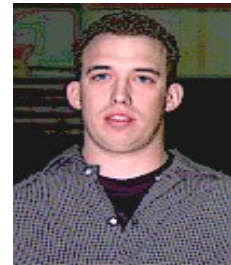
Capilano University - Women's Basketball Program



Apprentice Coach Samantha Coutts played two years of basketball for the Capilano Blues before playing at St. Mary's University in Halifax, Nova Scotia. She captained the team and was named Academic All Canadian in her final year. She completed her Teacher's certification in May 2008. Through the years although she has coached both boys and girls, and also athletes with a disability, she is now focusing on coaching girls and also acting as a role model and mentoring them on the importance of being

active and leading a healthy lifestyle, transferring their sport skills into their community volunteerism and future careers. Taking on the responsibility of becoming the apprentice coach at Capilano will greatly enhance both Samantha's professional development as both a teacher and coach. As an Apprentice Coach Samantha will be a positive role model and mentor to the student-athletes on the team.

Mentor Coach Paul Chiarenza has coached for the past 17 years and has been the head coach of the Capilano Blues since 1999. Paul's coaching credentials include Canada Basketball Centre for Performance, assistant coach at Simon Fraser University, founder of the Triple Threat Basketball Club as well as various regional and provincial teams. Paul welcomes the opportunity to mentor Samantha Coutts, under the CCAA Female Apprentice Coach Program.



Capilano University – Badminton Program



Apprentice Coach Cindy Wong is a former player of the Capilano Blues Badminton squad. With an injury in 2007 Coaching has become a passion of Cindy's assisting at the club level and teaching elementary school clinics for Badminton. Cindy's career goal is to become a college coach that inspires people to see a path of healthy living through the sport of badminton. The opportunity to participate in the Female Apprentice Coach Program is a perfect catalyst to direct Cindy into the profession of coaching.

Mentor Coach Darryl Yung Head Coach of the Blues Badminton Team has competed internationally for Canada as a member of the National Badminton Team. Darryl is presently one of the top developmental coaches in BC having coached several elite athletes who have developed to become national team players. The joy of working with young talent who have the passion and work ethic in the Sport of Badminton has convinced Coach Yung to return to coach collegiate badminton. He is thrilled to have the opportunity to mentor Cindy Wong, who he believes has the ability to develop into a top coach someday.



Douglas College – Women's Basketball Program



Apprentice Coach Bianca Jarvis has been a member of the Douglas College Women's basketball team for the past 3 years. Bianca recognizes the shortage of female coaches. During her sports career she only ever had one female coach and it was she who inspired her as a role model. Bianca's main motivation in applying to the Female Apprentice Coach Program is to have the same positive effect on people, as a role model to female student-athletes. Bianca will be playing an integral role on the coaching

staff assisting with individual skill sessions; in turn she will be furthering her education through NCCP clinics.

Mentor Coach Katie MacLeod as a female athlete who moved into coaching after playing, understands the value in this opportunity, and realizes the importance of providing the platform for women to learn and grow into coaching leadership roles. Coach MacLeod is looking forward to the opportunity to grow and develop while acting as a mentor coach. She believes that participation in the Female Apprentice Coach Program will be both challenging and rewarding for everyone involved with the women's basketball program at Douglas College.



Kwantlen Polytechnic University – Women's Soccer Program



Apprentice Coach Shannon Booth's involvement with the Kwantlen Eagles is a significant one; as a member of the inaugural Eagles soccer team (2004); the first soccer athlete to play all five years as a member of the Eagles program; and serving as Captain for all five years. Graduating in Spring 2009 with a Bachelor of Business Administration degree, Shannon has been an exemplary student-athlete; achieving excellence on and off the field. Over the past couple of months, Shannon has been developing her coaching skills through her involvement in the YMCA Y League soccer as a mentor coach. Additionally, as a recipient of the 2008-09 CCAA Female Professional Development program funding, offered to female student-athletes in their final year of play who are interested in pursuing formal coaching education through NCCP. The Female Apprentice Coach program is the next step in her continued development as a competent coach.

Mentor Coach Vladimir Samozvanov, as the head coach of the Kwantlen Polytechnic University women's soccer team for the last two seasons, has raised the bar for the women's soccer program, leading the team from a 6th place finish in 2007 to 3rd in 2008; a huge feat for a young program. He brings extensive experience to the Eagles program as a former semi-professional player in the Ukraine and Russia, and as a high performance coach. Coach Samozvanov believes that Shannon has developed into a true leader for the team both on and off the pitch and that it will be a privilege to mentor her transition into coaching.



Quest University Canada –Women's Basketball Program



Apprentice Coach Ashley MacSporran is a graduate of Laurentian University playing 3 years for the Women's Basketball team until knee injury ended her playing career. She discovered, however, that coaching has given her more rewards than all of the years she played. Since the summer of 2006 she has been part of nine different basketball teams: three provincial summer teams, three provincial club teams and three different high school teams. She has started her Masters degree in Coaching online through the University of Ohio. With help from the CCAA Female Apprentice Coach Program, Ashley's development as a coach and goal of becoming a future Canadian university basketball coach will be realized.

Mentor Coach Todd Jordan while new to Quest University has been coaching in the BCCAA for four years, working with both the men's and women's programs at UNBC. Todd shows a strong desire to share his knowledge with others and looks forward to the opportunity to aid and support Ashley MacSporran in her desire to one day being an elite coach.



Vancouver Island University – Women's Basketball Program



Apprentice Coach Maria Kirkbride graduated from Vancouver Island University (formerly Malaspina University-College) in Spring 2009 where she played and captained the Mariners Women's basketball team for five years. Maria has shown an interest in coaching and has aspirations of becoming a head coach at either the high school or post-secondary school level. The Female Apprentice Coach Program will provide the opportunity for Maria to further her formal coaching experience and education.

Mentor Coach Bill McWhinnie has been involved as a coach at Vancouver Island University for three years and has extensive experience coaching at the high school level. Coach McWhinnie is certified Level 3 and is passionate about developing the complete student athlete which is reflected in strong performances by his team members on the court and in the classroom. The Women's Basketball team was the top academic team at VIU last season. Coach McWhinnie looks forward to participating in the Female Coach Apprenticeship program as a mentor coach to Maria Kirkbride.



Grande Prairie Regional College – Women's Volleyball Program



Apprentice Coach Jenny Head graduated from Cameron University in Lawton, Oklahoma and has developed a genuine interest in coaching. Jenny has had some limited involvement in the area of coaching, but feels she has a lot to offer developing athletes. Working with long-time head coach Ron Thomson through the Female Apprentice Coach program will allow her the opportunity to build on her experiences and develop a skill set that will assist her in becoming a quality coach. .



Apprentice Coach Erin Henning a recent graduate has developed a strong interest in pursuing a career in coaching. Erin has completed her NCCP Level 1 certification and is eager to begin her Level 2 education. In addition she is excited to work with Ron Thomson as her mentor coach with his vast knowledge and experience in coaching.

Mentor Coach Ron Thomson is entering his 15th year of coaching in the CCAA. Besides his duties as a Master Coach at Grande Prairie Regional College, Ron has also filled roles with Alberta Volleyball as a many-times-over provincial team coach; he has been involved with Volleyball Canada, is a NCCP Level 3 coach and is a certified instructor of the NCCP Technical Volleyball courses. Ron is one of the most respected volleyball people in the Alberta conference and throughout Western Canada. Coach Thomson is eager to train and mentor these two future qualified coaches.



Lethbridge College – Women’s Soccer Program



Apprentice Coach Samantha Cole is a former Kodiaks Women’s soccer player who has had a passion for coaching since a young age and is aspiring to one day become a head coach in soccer. The Female Apprentice Coach Program will be the launching point for Samantha’s coaching career. Samantha has had some experience coaching youth in her home town of Rimbey, Alberta and is currently coaching in the Kodiaks Summer Soccer School so she can enhance her soccer teaching skills in advance of the upcoming season.

Mentor Coach Sean Carey has 35 years of playing and coaching soccer in England and Canada. Coach Carey is honoured to be a part of the CCAA Female Apprentice Coach Program as a mentor coach to Samantha and believes bringing more women into the world of coaching will increase female participation in the sport. The Kodiaks women’s program is in a re-building stage and it’s an opportune time for Samantha to grow with the program.



Mount Royal College – Women’s Basketball Program



Apprentice Coach Chelsea Lukomski is an up and comer in the coaching world, and her work ethic and desire to learn will make her a very valuable commodity to the Mount Royal women’s basketball program. Chelsea’s playing career at SAIT Polytechnic was cut short due to injuries, and since she graduated, she has been itching to get into the coaching ranks. Working with the Mount Royal Women’s basketball program will be Chelsea’s first coaching experience at the CCAA level. Chelsea has recently worked with various club programs including an NSD elite team that is comprised of various NCAA, CIS and CCAA players. Chelsea has commanded their respect despite relative inexperience in the field.

Mentor Coach Joe Enevoldson has coached for more than 10 years at both the CCAA and CIS level and has gained tremendous knowledge and experience during this time. Coach Enevoldson is a certified Level 3 coach and the consummate educator, believing that it is equally important for student-athletes to be successful in the classroom and on the court. Coach Enevoldson looks forward to the opportunity to work with Apprentice Coach Chelsea Lukomski in developing her coaching skills.



Mount Royal College – Golf Program



Apprentice Coach Kim Valleau graduated with an Applied Business Degree – Entrepreneurship in Sport & Recreation in 2008 and during her five years at Mount Royal College, was a member of the Cougar Golf team. In spring 2009, she participated in the Canadian Professional Golf Association (CPGA) Player’s Ability Test which is one of the first steps to becoming a golf professional. Kim succeeded in getting her card and is now a CPGA Apprentice. One of her goals is to be one of the best female teaching professionals in Canada. Being part of the Female Apprentice Coach Program, will assist Kim in bridging the gap to attain her goal.

Mentor Coach Brock Balog is Head Coach of the Cougars Golf program and has a list of credentials including Canadian Professional Golf Association Professional, Head Professional at Wintergreen Golf & Country Club, and National Facilitator for the Royal Canadian Golf Association Schools Program, to name a few. Coach Balog believes that Kim Valleau has the necessary technical skills, under his mentorship he looks forward to further refining and developing Kim's coaching expertise.



MacEwan College – Women's Basketball Program



Apprentice Coach Paige Gaudreau played out her five years of eligibility at the College and University level (3 years at Augustana University College, 1 year at the University of Saskatchewan, and her final year at the University of Alberta). Paige has graduated with a degree Physical Education, Kinesiology, and in teaching. While school and her basketball schedule kept her busy during the school year, her coaching experiences came in the summer as an assistant to the Men's Hoopsters basketball team and assistant coach for the Harry Ainlay Junior Girls and the Edmonton Grads U-17 spring league. Paige plans to pursue a Master's Degree in coaching in the future, but sees this opportunity, as a CCAA apprentice coach, as the logical step towards her desire to coach full-time.

Mentor Coach Robert Poole for the past 31 years has coached basketball from the community to the collegiate level. During this time period he had the opportunity to learn from some of our nation's very best coaches, including Jack Kenyon and Ken Shields. His experiences with these gentlemen provided him with a great foundation of technical, tactical, and leadership skills which have shaped the coach he is today. Coach Poole believes the opportunity to learn all the aspects of effective coaching in practical situations will better able you as head coach as a result of the interaction. Coach Poole looks forward to the opportunity to shape Paige's future as a coach and providing her with the best possible learning experience.



Northern Alberta Institute of Technology (NAIT)– Women's Basketball Program



Apprentice Coach Megan Ragush was a member of Lakeland College's Women's Basketball team from 2003-2006. She received awards for Female Athlete of the Year, Impact Player Scholarship Award, ACAC 2nd Team All-Conference and Most Valuable Player Award over her three years at Lakeland College. Megan recently graduated from the University of Alberta with a Bachelor of Science in Kinesiology. Megan is currently certified Level 1 and will be working on her Level 2 in the upcoming year. Megan's enrollment in this CCAA program will provide her with an exceptional opportunity to further her coaching education and develop her coaching skills.

Mentor Coach Curtis Nelson has been the NAIT Ooks Women's Basketball Coach for the past four seasons, this past year the position was elevated to full time status. Curtis is an NCCP Level 2 certified coach and is in the process of upgrading this to Level 3. Coach Nelson is very supportive of the CCAA directive of developing more female coaches and embraces the opportunity to Mentor Megan and provide her with a learning environment.



Red Deer College – Women’s Basketball Program



Apprentice Coach Cherish Esau is former member of the Queen’s Basketball team, who has already started to get involved in coaching at summer camps in the Red Deer hoops program. Last season Cherish was a captain of the Queen’s teams and decided to apply her leadership skills to the area of coaching. The Female apprentice program will allow Cherish to bridge the gap to become trained in a more formal setting and the opportunity to experience mentorship from a qualified Coach.

Mentor Coach Dawn Smyth is going into her third year as Head Coach of the Red Deer Queen’s Women’s basketball Program and is also coaching the team Alberta U15 Girls provincial Team. Coach Smyth qualifications are impressive having graduated from the National Coaching Institute in Victoria and is completing her Level 4 and 5 NCCP. As a female in the sport Coach Smyth stresses the importance of the CCAA Female Apprentice Coach Program and the active learning environment it will provide for Cherish Esau.



Red Deer College – Women’s Soccer Program



Apprentice Coach Katrina Loiselle is a Red Deer Queens alumna who wants to give back to the program as a coach. Over the past five years Katrina has expanded her coaching experience with involvement in coaching at the high school and club level. Now at the CCAA level with the support of the Female Apprentice Coach program Katrina will be able to contribute to the Women’s Soccer Program with a formalized position on the Queen’s coaching staff.

Mentor Coach Jerry Gerling is a qualified NCCP Level 3 coach who has been coaching in the Red Deer soccer community at various levels since 1978. He has coached the Queens team for 16 seasons during which time he raised the program to a level that has resulted in the team making the ACAC playoffs for the past seven (7) years and winning bronze on two occasions. Coach Gerling is proud to be Katrina’s mentor coach and will endeavour to make her quest for coaching knowledge and experience, enjoyable and rewarding.



Seneca College – Women’s Basketball Program

Apprentice Coach Ashley Docking is a graduate in the marketing and Business Administration program and has been a member of the Seneca Sting family for four years. During that time she was a dual athlete playing both basketball and soccer. Ashley has limited coaching experience but was team captain in the 2008-09 for her women’s basketball team and enjoyed the leadership role and the personal growth that came with it. Ashley sees coaching as a natural progression in extending her involvement in basketball and giving back to the sport. The Apprentice Program will be Ashley’s opportunity to develop skills and training to progress into the profession of coaching.

Mentor Coach Craig Walker was a graduate of Seneca College and for the last 9 years has been coaching the Seneca Sting Women’s Basketball Team. During this time Coach Walker has been a significant contributor to the Sting’s success and played an integral role in the development of the team and its players. Coach Walker has all the tools, experience and

energy to be a positive coach mentor and he looks forward to the opportunity to pass on his knowledge to Ashley Docking.

Dawson College – Women’s Basketball Program



Apprentice Coach Natasha Eadie was a former member of the Dawson Blues Women’s Basketball team , playing 3 years, then moving on to play at the University of PEI and Cape Breton University. During Natasha’s career as an athlete she has shown an abundance of enthusiasm towards coaching. Over the years she has coached a variety of age groups and levels and is eager and ready to coach college players. Natasha will be completing her Level 2 coaching certificate during her apprentice year. Natasha’s dream is to one day become a head coach for a College or University and the Female Apprentice Coach Program will afford Natasha an opportunity to develop her skills and further her coaching education.

Mentor Coach Trevor Williams started out playing at Dawson College in 1981 winning the CCAA National Championship. He then went on to play basketball at university in the United States. After his university career he was selected to play on the Canadian National Team and represented our country at the Olympics. He has played the highest level of basketball competing against the talents of Michael Jordan and Scotty Pippen. Trevor started coaching college basketball in 1997 and in 2000 became the head coach for the AAA women’s basketball program at Dawson. Coach Williams is a certified Level 3 coach and has the qualifications, experience and knowledge to make this opportunity a positive learning experience for Natasha.



Collège Édouard Montpetit - Women’s Basketball Program



Apprentice Coach Marie-Helene Mathieu was a member of the Lynx AAA women’s basketball team from 2002-2005. She moved on to play at the University level with UQAM. As a graduate and now at the end of her elite playing career Marie-Helene has turned her sights to coaching and has been coaching at the high school level for the last two years. Through the Female Apprentice Coach Program, being part of the Lynx’s AAA Coaching staff will allow Marie-Helene to continue her development as a coach at a higher level and increase her competency.

Mentor Coach Hugues Chasse has been part of the coaching staff for the women’s AAA basketball team at Édouard-Montpetit College for three years. Since his arrival at Edouard Montpetit the team has been at provincial championships each year. Coach Chasse possesses the qualifications, dedication and commitment that the Apprentice program strives for and it’s thrilled to have the opportunity to assist in Marie-Helene development into an exceptional coach.



The **CCAA Female Apprentice Coach Program** is designed to identify and nurture female graduating student-athletes who demonstrate the desired skills for coaching by providing them with the opportunity to share the coaching experience in CCAA National Championship sports. Aimed at increasing the number of female coaches within the collegiate sport system, the three goals of this program are:

- To increase opportunity for young women to have access to the coaching experience;
- To support identified female graduated student-athlete coaches in their pursuit of professional development opportunities; and
- To provide qualified CCAA coaches in National Championship sports with advanced training opportunities and mentoring experience.

Funded by Sport Canada, a branch of the Department of Canadian Heritage, the **CCAA Female Apprentice Coach Program** is a national project conducted in partnership with the Atlantic Colleges Athletic Association (ACAA), the Quebec Student Sport Federation (QSSF), the Ontario Colleges Athletic Association (OCAA), the Alberta Colleges Athletic Conference (ACAC) and the British Columbia Colleges Athletic Association (BCCAA).

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The Canadian Colleges Athletic Association is a national sports organization that enriches the lives of student-athletes through intercollegiate competition.