

2010 CCAA NATIONAL OPEN CROSS COUNTRY RUNNING CHAMPIONSHIP
CHAMPIONNAT NATIONAL OUVERT DE COURSE DE FONDS DE L'ACSC. 2010
Hosted by St. Thomas University, Fredericton, New Brunswick

Women individual winners/ Vainqueurs individuels féminin

Gold Medal –Fiona Benson, Grande Prairie Regional College (ACAC)

Silver Medal – Jodi Sanguin, Red Deer College (ACAC)

Bronze Medal – Liliane Sparkes, Fanshawe College OCAA

Fourth – Deb Buhlers, Fanshawe College OCAA

Fifth – Jessica Porfilio, Champlain St. Lambert RSEQ

Women's Conference Team winners/ Vainqueurs d'équipe féminin

Gold Medal – Ontario Colleges Athletic Association (OCAA)

Silver Medal – Alberta Colleges Athletic Conference (ACAC)

Bronze Medal – Réseau du sport étudiant du Québec (RSEQ)

Women's College Team winners/ Vainqueurs d'équipe féminin

Gold Medal –Fanshawe College (OCAA)

Silver Medal- Grant MacEwan University (ACAC)

Bronze Medal- Red Deer College (ACAC)

Men individual winners/ Vainqueurs individuels masculin

Gold Medal –Willy Kimosop, Lethbridge College (ACAC)

Silver Medal- Emmanuel Boisvert, Cegep Sainte Foy RSEQ

Bronze Medal- Clint Smith, Fanshawe College OCAA

Fourth – Benjamin Raymond, College Ahuntsic RSEQ

Fifth – Jason Smith, Conestoga College OCAA

Men's Conference Team winners/ Vainqueurs d'équipe féminin

Gold Medal – Ontario Colleges Athletic Association (OCAA)

Silver Medal – Réseau du sport étudiant du Québec (RSEQ)

Bronze Medal- Alberta Colleges Athletic Association (ACAC)

Men's College Team winners/ Vainqueurs d'équipe féminin

Gold Medal –Fanshawe College (OCAA)

Silver Medal- Cégep Sainte-Foy (QSSF)

Bronze Medal- Collège Ahuntsic (RSEQ)

2010 All Tournament Team
Équipe Toute Étoile du Tournoi – 2010

Willy Kimosop, Lethbridge College ACAC
Emmanuel Boisvert, Cegep Sainte Foy RSEQ
Clint Smith, Fanshawe College OCAA
Benjamin Raymond, College Ahuntsic RSEQ
Jason Smith, Conestoga College OCAA
Andrew Pohl, Augustana U of Alberta ACAC
Jean-Daniel Labranche, Cegep Sainte Foy RSEQ
Fiona Benson, Grande Prairie Regional College ACAC
Jodi Sanguin, Red Deer College ACAC
Liliane Sparkes, Fanshawe College OCAA
Deb Buhlers, Fanshawe College OCAA
Jessica Porfilio, Champlain St. Lambert RSEQ
Marguerite Plante-Dubé, College Ahuntsic RSEQ
Richelle Moore, St. Lawrence College OCAA

Men's Results

Willy Kimosop, Lethbridge College ACAC 24:45

Emmanuel Boisvert, Cegep Sainte Foy RSEQ 25:39

Clint Smith, Fanshawe College OCAA 25:41

Benjamin Raymond, College Ahuntsic RSEQ 25:58
 Jason Smith, Conestoga College OCAA 26:01
 Andrew Pohl, Augustana U of Alberta ACAC 26:03
 Jean-Daniel Labranche, Cegep Sainte Foy RSEQ 26:19
 Peter Kayla, Lethbridge College ACAC 26.19
 Amos Nganga, George Brown College OCAA 26:24
 Nathaniel Green, Humber College OCAA 26:30
 Jamie Switzer, Fleming College OCAA 26:35
 Eric Leishman, Cambrian College OCAA 26:43
 Sean Sweeney, George Brown College OCAA 26:52
 Devin Woodland, Grande Prairie Regional College ACAC 26:57
 Nicolas Deshaies, Cegep Shawinigan RSEQ 27:00
 Biemnet Yeman Mengis, Fanshawe College OCAA 27:12
 Dany Racine, Cegep Victoriaville RSEQ 27:15
 Guillaume Belisle, Cegep Ahuntic RSEQ 27:18
 Daniel Bright, Fanshawe College OCAA 27:21
 Lucas Nutbrown, St. Lawrence College OCAA 27:25
 Dennis Ronoh, Lethbridge College ACAC 27:38
 Garrett Gerke, Grant MacEwan University ACAC 27:39
 Josh Lumani, Fanshawe College OCAA 27:40
 Marc-Andre Raiche, Cegep Trois Rivieres RSEQ 27 :42
 Alexandre Lavigne, Cegep Sainte Foy RSEQ 27 :47
 Sean Coleshill, Fanshawe College OCAA 27:47
 Tom Tofn, Fleming College OCAA 27:49
 Vincent Parent-Pichette, Cegep Ahuntic RSEQ 27:52
 David Picard, Cegep Ahuntsic RSEQ 27:55
 Justin Versteeg, Grant MacEwan University ACAC 27:58
 Buddy Brown, Augustana U of Alberta ACAC 28:01
 Alexis Cariter, College Montmorency, RSEQ 28:10
 Jonathan Redfearn, Mohawk College OCAA 28:13
 Jean-Pierre Morin, Cegep Sainte-Foy RSEQ 28 :15
 Parker Vaughan, Mount Allison University ACAA 28:20
 Kirk Sundt, Grant MacEwan University ACAC 28:25
 Julian Rhebergen, St. Lawrence College OCAA 28:27
 Kieran Baird, Augustana U of Alberta ACAC 28:27
 Frédérick Lanctot-Leroy, Mount Allison ACAA 28:29
 Brant Stachel, Humber College OCAA 28 :32
 Mathieu Landry-Côté, Cegep Victoriaville RSEQ 28 :33
 Kyle Ross, Grande Prairie Regional College ACAC 28:38
 Ben Campbell, St. Lawrence College OCAA 28:40
 Andrew Brisbin, Augustana U of Alberta ACAC 28:40
 Andrew Peters, Grant MacEwan University ACAC 28:46
 Derrick Wood, Fanshawe College OCAA 28:48
 Paul Tremblay, Conestoga College OCAA 28:49
 Logan Boehmer, Grande Prairie Regional College ACAC 28:49
 François Boisvert, Cegep Ahuntsic RSEQ 28:50
 Jesse Bruce, Humber College OCAA 28:51
 MacGregor, Grant, Mount Allison University ACAA 28:56
 Cyrus Yagan, Lethbridge College ACAC 29:03
 Brendan Hancock, Conestoga College OCAA 29:06
 Nils Lokken, Augustana U of Alberta ACAC 29:06
 Terry Crain, Fleming College OCAA 29:15
 Maxim Beaumier-Robitaille, Cegep Shawinigan RSEQ 29:23
 Ben Pearsall, John Abbott College RSEQ 29:23
 Eric Martinek, Grande Prairie Regional College ACAC 29:28
 Josh Robinson, Fanshawe College OCAA 29:29
 Dustin Faith, Mohawk College OCAA 29:30
 Scott Harvey, John Abbott College RSEQ 29:32
 Thomas Teakles, Nova Scotia Agricultural College ACAA 29:37

Jonathon Fuller, Red Deer College ACAC 29:39
 Jerry Hill, Fanshawe College OCAA 29:39
 David Jordan Deboer, Fanshawe College OCAA 29:40
 Daren Mancini, Humber College OCAA 29:41
 Tyler Duce, Grant MacEwan University ACAC 29:47
 Guillaume Ouellet, Cegep Victoriaville, RSEQ 29:48
 Victor Côté, Cegep Sainte Foy RSEQ 29 :49
 Tyler Duce, Grant MacEwan University ACAC 29:51
 Philip Legere-Stokes, Grande Prairie Regional College ACAC 29:52
 Dayn Opel, Lethbridge College ACAC 29:59
 Kyle Golovchenko, Fanshawe College OCAA 30:00
 Matthew Paladino, George Brown College OCAA 30:01
 Sulaiman Hakimi, College Montmorency RSEQ 30:05
 John Girard, Fleming College OCAA 30:07
 Brian Keely, Fanshawe College OCAA 30:07
 Phillipe Hage-Moussa, John Abbott College RSEQ 30:17
 Chad Patterson, Humber College OCAA 30:18
 Steve Fréchette, Cegep Victoriaville, RSEQ 30:20
 Chris Bruckner, Fanshawe College OCAA 30:21
 Michael Marshall, St. Lawrence College OCAA 30:23
 Brad Lawlor, Grant MacEwan University ACAC 30:27
 Dallin McCue Grant MacEwan University ACAC 30:30
 Patrick Bastien, Champlain St. Lambert RSEQ 30:35
 Joe Kiez, Humber College, OCAA 30:38
 Samuel Larivière, Champlain St. Lambert RSEQ 30:41
 Jérémie Ruiz-Richard, Cegep Ahuntsic RSEQ 30:43
 Spence Hogan, Cambrian College OCAA 30:46
 Ryan Van Dyl, St. Lawrence College OCAA 30:47
 Derek Fulton, Holland College ACAA 30:49
 Kevin Gagne, Cegep Maisonneuve RSEQ 30:59
 Francis Doumoulin, Champlain St. Lambert RSEQ 31:01
 Marc-Antoine Desmairais-Moisan, College Montmorency RSEQ 31:02
 Nicolas Parent, Cegep Shawinigan RSEQ 31:04
 Carey Arnott, George Brown College OCAA 31:04
 Arjun Ratlan, Fleming College OCAA 31:05
 Jimmy Pellerin, Cegep Shawinigan RSEQ 31:08
 Wes Correa, Humber College OCAA 31:09
 Louis-Patrick St.Pierre, Cegep Saint Foy RSEQ 31:14
 Matt Mills, Holland College ACAA 31:17
 Louis Bastenier-Boutin, Cegep Ahuntsic RSEQ 31:19
 Graham Spaul, St. Lawrence College OCAA 31:24
 Nabil Akalach, Cegep Ahuntic RSEQ 31:30
 Louis Besner, John Abbott College RSEQ 31:32
 Daniel Dery, Cegep Victoriaville RSEQ 31:33
 Jean-Michel Pelletier, College Montmorency RSEQ 31:34
 Colin Rennie, Mount Allison University ACAA 31:35
 Nathan Paton, St.Thomas University ACAA 31:36
 Darren Mountain, Fleming College OCAA 31:38
 Mitch Cassidy, Fleming College OCAA 31:45
 Patrick Lehoux Gagnon, Champlain St.Lambert RSEQ 31 :46
 Daniel Stanley, St. Thomas University ACAA 31:49
 Evan Pual, Grande Prairie Regional College ACAC 31:50
 Jeremi Joseph, Champlain St. Lambert RSEQ 32:03
 Jean-Daniel Lavallée, Cegep Victoriaville RSEQ 32:06
 Joe Latina, Humber College OCAA 32:16
 Serge Ricard, Cegep Shawinigan RSEQ 32:26
 Guillermo Martinez, George Brown College OCAA 32:48
 Chance Abbott, Red Deer College ACAC 32:51
 Yves-Antoine Crete, Cegep Shawinigan RSEQ 32:59

Nathan Joy, Fleming College OCAA 33:06
 Graham Ereaux, Mount Allison University ACAA 33:32
 Alexander Iachetta, Champlain St. Lambert RSEQ 33:35
 Matthew Sheriko, St Thomas University ACAA 33:39
 Alen Arshakian, College Montmorency RSEQ 33:42
 James Sullivan, Holland College ACAA 33:45
 Eric Trudel, John Abbott College RSEQ 33:49
 Tim Routtu, Thompson Rivers University BCCAA 33:57
 Zachary Nicholson, St. Thomas University ACAA 34:01
 Bryce Barry, Thompson Rivers University BCCAA 34:08
 Brodie Mackintosh, Thompson Rivers University BCCAA 34:38
 Adrian Ballam, Thompson Rivers University BCCAA 35:09
 Ben Petroff, John Abbott College RSEQ 35:22
 Brendan Bannister St. Thomas University ACAA 35:26
 Jordan MacGregor, Holland College ACAA 35:28
 Alexandre Federigo, Cegep Victoriaville RSEQ 35:32
 Michael Jordan, Fleming College OCAA 35:36
 Mitchell Peters, Mount Allison University ACAA 35:42
 Simon Deschamps, John Abbott College RSEQ 35:46
 Benoit Desroches-Robidoux, College Montmorency, RSEQ 36:41
 Steven Gill, Red Deer College ACAC 37:21
 Robert Carpenter, Thompson Rivers University BCCAA 37:38
 Jonathan Arbour, Cegep Shawinigan RSEQ 38:09
 Martin Hamel-Bonneau, College Montmorency RSEQ 44:34
 Jonathan Stewart, Fleming College OCAA DNF

Women's Results

Fiona Benson, Grande Prairie Regional College ACAC 18:01
 Jodi Sanguin, Red Deer College ACAC 18:01
 Liliane Sparkes, Fanshawe College OCAA 18:13
 Deb Buhlers, Fanshawe College OCAA 18:13
 Jessica Porfilio, Champlain St. Lambert RSEQ 18:45
 Marguerite Plante-Dubé, College Ahuntsic RSEQ 18:50
 Richelle Moore, St. Lawrence College OCAA 18:59
 Erika Houde-Pearce, Fanshawe College OCAA 19:06
 Gladys, Kochei, Lethbridge College ACAC 19:09
 Gabrielle Lebel, Cegep Victoriaville RSEQ 19:13
 Kathryn Stone, Augustana U of Alberta ACAC 19:15
 Melissa Linker, Fanshawe College OCAA 19:16
 Dawn Martin, St. Lawrence College OCAA 19:21
 Purity Kandie, Lethbridge College ACAC 19:31
 Jesslyn Begin, Red Deer College ACAC 19:41
 Jenny Hockin, Grant MacEwan University ACAC 19:43
 Alexandra Gordichuk, Grant MacEwan University ACAC 19:45
 Lindsay Webster, Humber College OCAA 19:54
 Sarah-Michèle Brochu, Cegep Sainte-Foy RSEQ 20:00
 Natalie Hutchinson, Fleming College OCAA 20:03
 Vicky Siemon, Humber College OCAA 20:12
 Lisa Cybulskie, Fleming College OCAA 20:20
 Frédérique Latraverse, Cegep Sainte-Foy RSEQ 20 :23
 Andrea Labrecque, Augustana U of Alberta ACAC 20:28
 Laurence Côte-Leduc, Cegep Maisonneuve RSEQ 20 :32
 Alexandrine Bernier, Cegep Sainte-Foy RSEQ 20 :35
 Amelia Vos, Thompson Rivers University BCCAA 20:36
 Sabrina St-Gelais, Cegep Ahuntsic RSEQ 20:40
 Franziska Bossart, Grant MacEwan University ACAC 20:52
 Joanie Blanchette Cegep Ahuntsic RSEQ 20:54
 Stephanie Coughlin, Humber College OCAA 20:55
 Stephanie McMullin, Grant MacEwan University ACAC 20:57

Natalie Taillefer, Cambrian College OCAA 21:04
 Natasha Dorsey, Red Deer College ACAC 21:05
 Tineke De Jong, Fanshawe College OCAA 21:09
 Jessica Elliot, Grande Prairie Regional College ACAC 21:16
 Jennifer Parras, Thompson Rivers University BCCAA 21:17
 Jackie Benning, Grande Prairie Regional College ACAC 21:22
 Lara Huelsebusch, John Abbott College RSEQ 21:23
 Alesha Miller, Red Deer College ACAC 21:29
 Lauren Brookes, Augustana U of Alberta ACAC 21:31
 Rebecca Tindall, Humber College OCAA 21:35
 Emily Byrne, Mount Allison University ACAA 21:37
 Melissa Cable, Red Deer College, ACAC21:37
 Elise Mongeau, Cegep Sainte-Foy RSEQ 21:48
 Cynthia black, Humber College OCAA 21:49
 Shara Harke, Augustana U of Alberta ACAC 21:55
 Chloé Nadeau, Cegep Victoriaville RSEQ 21:57
 Mariapia Annarilli, Humber College OCAA 21:59
 Anna Robertson, Mount Allison University ACAA 21:59
 Isabella Englert, Grant MacEwan University ACAC 22:00
 Emily Cole, Augustana U of Alberta ACAC 22:08
 Allison Sibthorpe, John Abbott College RSEQ 22:10
 Brandi MacKenzie, Lethbridge College ACAC 22:13
 Maribel Turcotte-Desroches, College Montmorency RSEQ 22:16
 Zoe Froking, Mount Allison University ACAA 22:16
 Colleen Forde, Thompson Rivers University BCCAA 22:16
 Karine Beaudet, Cegep Ahuntic RSEQ 22:17
 Aurélie Simard-Dupuis, Cegep Sainte-Foy RSEQ 22 :21
 Kassi Boyd, Grant MacEwan University ACAC 22:22
 Kristin Hunt, Champlain St. Lambert RSEQ 22:24
 Marie-Elen Côté, Cegep Victoriaville RSEQ 22 :26
 Haruho Kubota, Mount Allison University ACAA 22:26
 Terry Steadman, Grant MacEwan Universtiy ACAC 22:27
 Sarah Galvin, St. Thomas University ACAA 22:30
 Kelly Nesbitt, Cambrian College, OCAA 22:31
 Karlee Gunderson, Lethbridge College ACAC 22:33
 Kalli Green, Augustana U of Alberta ACAC 22:35
 Frédérique Pelletier, College Montmorency RSEQ 22 :35
 Andréanne Gagnon, Cegep Sainte-Foy RSEQ 22 :35
 Dorothy Kimosop, Lethbridge College ACAC 22:45
 Annie-Fei Carry, College Montmorency RSEQ 22:46
 Olivia Long, St. Thomsa University ACAA 22:48
 Jessica MacQueen, Université Sainte Anne ACAA 22:49
 Angelina Corrill, Université Sainte Anne ACAA 22:53
 Megan VanKeulen, Humber College OCAA 22:55
 Erin Fletcher, Fleming College OCAA 22:55
 Emily Hicks, Mohawk College OCAA 22:58
 Karianne Malo, College Montmorency RSEQ 23:02
 Sarah Peel, St. Thomas University ACAA 23:05
 Amanda McWhan, Red Deer College ACAC 23:06
 Kelly Sinclair, Fleming College OCAA 23:07
 Marilyn Serret, Cegep Ahuntsic RSEQ 23:10
 Emily James, Mount Allison University ACAA 23:11
 Kate Blackett, Red Deer College ACAC 23:15
 Rosanna Los, Fleming College OCAA 23:15
 Nikki Gillingham, Mount Saint Vincent University ACAA 23:20
 Kyla Tanner, St. Thomas University ACAA 23:27
 Melissa Louette, John Abbott College RSEQ 23:31
 Katie Cameron, St. Thomas University ACAA 23:31
 Cassandra Manitowabi, Cambrian College OCAA 23 :33

Michèle Dupéré, Collège Maissoneuve RSEQ 23:36
Lydia Genest, Champlain St. Lambert RSEQ 23:40
Kaitlyn Lodewyk, Red Deer College ACAC 23:41
Rébeka Frazer-Chiasson, St. Thomas University ACAA 23:45
Melanie Lyons, Fleming College OCAA 23:58
Sandi Bryce, Mohawk College OCAA 24:03
Sarah Murray, St. Thomas University ACAA 24:03
Meagan Waters, Thompson Rivers University BCCAA 24:08
Chantelle Forseille, Thompson Rivers University BCCAA 24:09
Kelsey Chase, St. Thomas University ACAA 24:16
Rebecca Fuller, Red Deer College ACAC 24:17
Amanda Matier, Grande Prairie Regional College ACAC 24:21
Christa Miller, Red Deer College ACAC 24:21
Gabrielle Boulet, Grande Prairie Regional College ACAC 24:21
Andreeanne Scott, Collège Ahuntsic RSEQ 24:25
Jenny Thornhill, St. Thomas University ACAA 24:29
Katrín MacPhee, St. Thomas University ACAA 24:33
Carina Ness, Grande Prairie Regional College ACAC 24:45
Elise Lakwanki, Lethbridge College ACAC 24:46
Bridget Yard, St. Thomas University ACAA 24:49
Matti Harper, Thompson Rivers University BCCAA 24:50
Erin Connolly, Red Deer College ACAC 24:53
Alexandra Rogerson, Cambrian College OCAA 24:55
Courtney Perry, St. Thomas University ACAA 25:21
Elizabeth McGregor, Grande Prairie Regional College ACAC 25:21
Jessie Paustian, Thompson Rivers University BCCAA 25:29
Nicole McLaren, John Abbott College RSEQ 25:43
Katherine Lemieux, Cégep Victoriaville RSEQ 26:06
Julie Coulombe, John Abbott College RSEQ 26:08
Josée Rioux, Université Sainte-Anne, ACAA 26 :10
Frédérique Lefort, John Abbott College RSEQ 26:30
Corinne Charbonneau, Collège Montmorency RSEQ 26:54
Sophie Robert, John Abbott College RSEQ 26:54
Anna Galvin, St. Thomas University ACAA 27:22
Sophie Welwert, John Abbott College RSEQ 30:38
Alexandra Valencak, John Abbott College RSEQ 34:21
Madeleine Crowell, Mount Allison University ACAA DNS
Myriam Robert, Cégep Victoriaville, RSEQ DNS